

Handouts for Students

Conversation openers about sexuality

Let's say there are some things concerning sexuality that you'd like to talk to a parent about, but you're not sure how to begin. Anytime you want to start a conversation with your parent, choose one of these "door-openers" and complete the statement with whatever you want to discuss.

Door Openers:

"I've got some questions about _____. Can we talk about it now?"

"I remember you once said that if I ever had any questions, I should come to you. What about _____?"

"I see _____ is pregnant. What's it like to have a baby?"

"Did you ever feel weird or scared about growing up when you were my age? Did you have any questions?"

"What did your mom or dad tell you about sex and growing up when you were my age?"

"Kids are always talking about going out. When can I start going out?"

"How old were you when you started _____ (going out/getting breasts/having a partner)?"

"When did you first feel attracted to someone, you know, like for a boyfriend?"

Write your own Door Openers here.